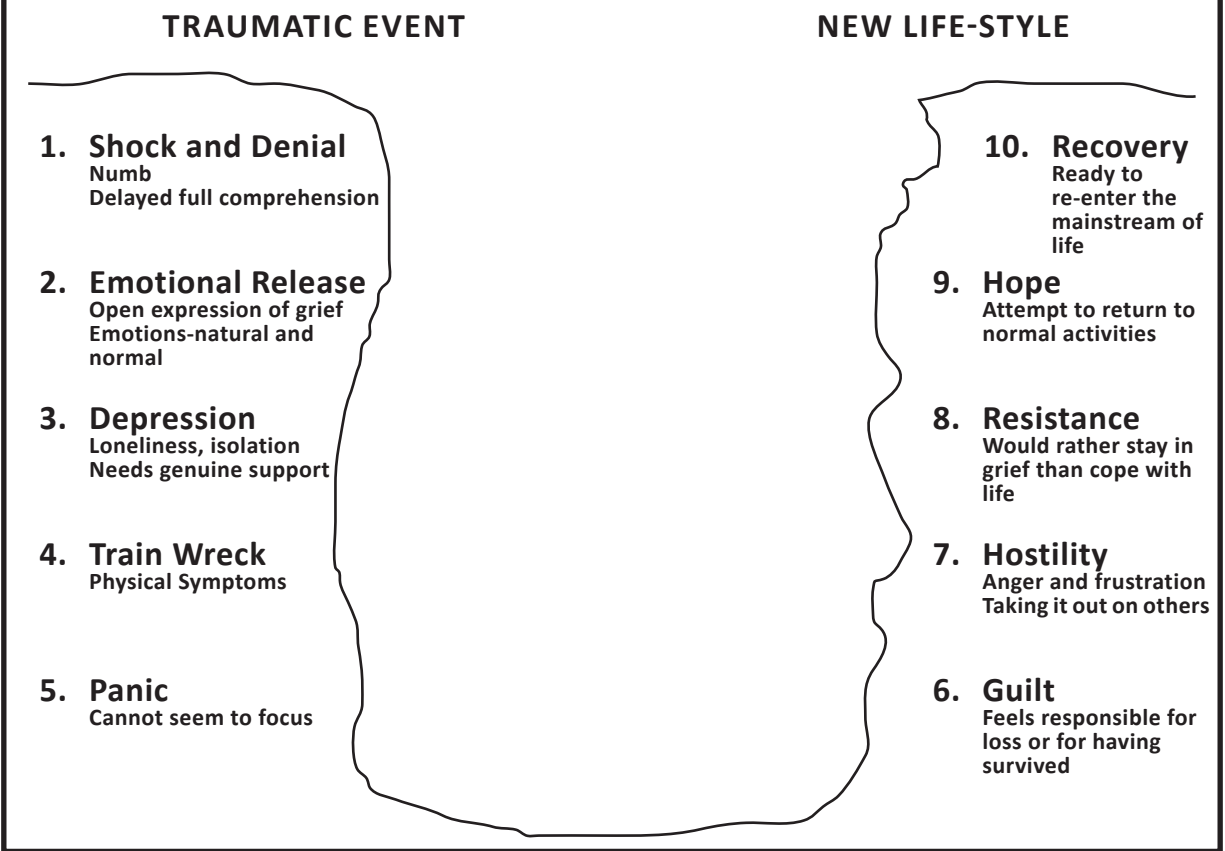


COPING WITH THE LOSSES OF LIFE

THE PIT - THE GRIEVING PROCESS (Lesson 6)



Describe your greatest loss: _____

Describe each step that you have gone through from the chart above and indicate the step or steps where you may have gotten stuck.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____